



# Summer Activities 2019

Below is a list of things that I have found for you to do with your children over the 6 week summer holiday, they are all low cost.

Please check venues or websites for full details and to ensure that there are no changes to what has been advertised.

I hope you have a love summer.

Liz Polson

Family support

## Elstow Abbey

**FREE Holiday club for any 4 -11 year old children  
craft, games, stories, singing and much more.....**

**please complete an application form to secure your place –  
Contact Elstow Abbey or visit their Facebook page for more  
details.**

## Bedford Central Library

### Planetarium

Monday 22nd July

11.15 - 3.30

Learn more about galaxies, stars and planets in our visiting planetarium.  
Contact the library to book your place.

Monday 22nd July

11.30 - 3.30

### Rocket Gliders

Drop in to make rocket gliders, how far will yours  
go?

Tuesday 23rd July

11.30 - 3.30

### Decorate a Wooden Rocket

Decorate these wonderful rockets and take  
them home.

Wednesday 24th July

11.30 - 12.00

### Storytime

12.00 - 1.00

### Space Scratch Art

Get creative with Scratch Art.

1.00 - 3.30

### Robot Finger Puppets

Thursday 25th July

12.00 - 2.30

### Alien Door Hanger

Make an alien door hanger - will it be scary  
enough to stop people coming into your room?!

Join us to make robot finger puppets - maybe you will make enough for a finger puppet show!

Thursday 25th July  
2.30 - 3.30

**Doggy Tales**

The Dogs Trust will be here with fabulous dog themed stories

Monday 29th July  
11.15 - 1.15

**Space Mural**

Help students from Bedford College to create an out of this world space mural.

1.15 - 3.30

**Colouring and Word Puzzles**

Wednesday 31st July  
11.30 - 3.30

**Space Race Glasses**

Design and decorate some funky space glasses!

Thursday 1st August  
12.00 - 3.30

**Paper Plate UFOs**

Drop in to create your own UFO!

Monday 5th August  
11.15 - 1.15

**Cartoon Workshop**

Learn how to create a cartoon with the students from Bedford College.

Tuesday 6th August  
11.30 - 3.30

**Tropical Fish Suncatchers**

Cast fabulous light patterns with your very own tropical fish suncatcher.

Thursday 8th August  
12.00 - 3.30

**Sea Life Gliders**

Come along to make an under the sea themed glider.

Monday 12th August  
11.30 - 3.30

**Woodland Animal Masks**

Friday 26th July  
11.30 - 3.30

**Space Scene Craft**

Draw your own space scene using chalk.

Tuesday 30th July  
11.15 - 1.15

**Alien Junk Modelling**

Join students from Bedford College to make the best junk model alien ever!

Friday 2nd August  
11.30 - 3.30

**Solar System Window Decorations**

Join us to make a planetary window decoration for your bedroom

Monday 5th August  
1.15 - 3.30

**Under the Sea Bookmarks**

Fabulous bookmarks with a fishy theme.

Wednesday 7th August  
11.30 - 12.00

**Storytime**

12.00 - 1.00

**Hat Craft**

1.00 - 3.30

**Lego & Colouring**

Come along for a story, stay to make and decorate a fabulous hat and finish off with some bricks and crayons!

Friday 9th August  
11.30 - 3.30

**Decorate a Fish**

How sparkly and colourful will your fish be?

Tuesday 13th August  
11.30 - 3.30

**Hedgehog Craft**

Which woodland animal will you choose to be?

Wednesday 14th August  
11.30 - 3.30

**Wooden Animal Craft**

Drop in to decorate a wooden animal shape.

Friday 16th August  
11.30 - 3.30

**Origami Fox**

Learn how to make a fox using origami.

Create your own spiky friend from a paper plate to take home.

Thursday 15th August  
12.00 - 3.30

**Owl Craft**

Design and decorate your owl paper plate

## Kempston Library

Saturday 20th July  
10.00 - 3.30

**Solar System Dotty Art**

Create your own solar system with Dotty Art.

Tuesday 23rd July  
11.30 - 4.30

**Paper Bag Alien Puppets**

What will your alien look like - will they be friend or foe?

Thursday 25th July  
10.00 - 3.30

**Solar System Scratch Art**

Create your own solar system with Scratch Art.

Saturday 27th July  
10.00 - 3.30

**Space Scenes**

Design a spacescape to take home.

Tuesday 30th July  
11.30 - 4.30

**Rainbow Tissue Pictures**

Create colourful pictures using rainbow coloured tissue paper.

Thursday 1st August  
10.00 - 4.30

**Bracelet Making**

Come along to make a lovely bracelet - will you keep it or give it to someone you love?

Saturday 3rd August  
10.00 - 3.30

**Orbiting Planets**

Monday 22nd July  
2.00 - 5.00

**Tin Foil Rockets**

More rocket fun for the whole family.

Wednesday 24th July  
2.00 - 5.30

**Paper Plate UFOs**

Get creative with a paper plate to make a mysterious UFO.

Friday 26th July  
2.00 - 5.00

**Paper Plate Astronaut**

Make an astronaut to fly your rocket!

Monday 29th July  
2.00 - 5.00

**Paper Doily Butterflies**

Join us to make a beautiful butterfly from paper doilies.

Wednesday 31st July  
2.00 - 5.30

**Paper Cup Windmills**

Drop in to make paper cup windmills to catch the summer breeze.

Friday 2nd August  
2.00 - 5.00

**Make Your Own Keepsake Box**

Design and make a keepsake box for your precious things.

Monday 5th August  
2.00 - 5.00

**Paper Bowl Jellyfish**

Planetary fun for the whole family!

Create a jellyfish from a paper bowl.

Tuesday 6th August

11.30 - 4.30

**Ice Lolly Craft**

Summery ice lolly craft!

Thursday 8th August

10.00 - 4.30

**Paper Cup Narwhals**

Under the sea narwhal craft - make your own to take home!

Saturday 10th August

10.00 - 3.30

**Rocket Colour-In Gliders**

Come along and colour in a glider - will yours fly the farthest?

Tuesday 13th August

11.30 - 4.30

**Shimmering Dragonflies**

Drop in to make a beautiful shimmering dragonfly.

Thursday 15th August

10.00 - 4.30

**CD Suncatchers**

Join us to make lovely suncatchers from CDs to cast light around your room

Saturday 17th August

10.00 - 3.30

**Flying Straw Rockets**

More rocket fun - this time with straws

Wednesday 7th August

2.00 - 5.30

**Rubber Band Boats**

How far will your rubber band boat travel?

Friday 9th August

2.00 - 5.00

**Rocking Paper Plate Submarines**

Submarine fun for everyone!

Monday 12th August

2.00 - 5.00

**Sneaky Snake Craft**

Hisssssss will be lots of fun!

Wednesday 14th August

2.00 - 5.30

**Robot Making**

What will your robot look like?

Friday 16th August

2.00 - 5.00

**Make Your Own Magic Wand**

Make a magic wand - what will your first spell be?.

## **Putnoe Library**

Saturday 20th July

10.00 - 3.00

**Space Stencil Pictures**

Create a space picture with stencils.

Tuesday 23rd July

10.30 - 4.00

**Grow At Home**

Come along and plant a pansy to take home and nurture.

Monday 22nd July

2.30 - 5.00

**Sun Visors**

Drop in to make a sun visor to wear.

Wednesday 24th July

2.30 - 4.00

**Wooden Seaside Keyrings**

Decorate your seaside keyring

Thursday 25th July  
10.30 - 4.00  
**Solar System Scratch Art**  
Get creative with Scratch Art.

Saturday 27th July  
10.00 - 3.00  
**Insect Mask**  
Which bug will you choose?

Tuesday 30th July  
10.30 - 4.00  
**Flying Gliders**  
Make a glider - how far will yours fly?

Friday 26th July  
2.30 - 4.00  
**Windmill Craft**  
Make a fabulous colourful windmill.

Monday 29th July  
2.30 - 5.00  
**Rocket Photo Prop**  
Create a rocket themed photo prop for your Space Chase selfies.

Wednesday 31st July  
2.30 - 4.00  
**Race Car Magnet**  
Drop in to make a racing themed magnet to take home.

### **More events to follow at all library's ...**

Keep checking for details of more fabulous family fun activities throughout the summer holidays!

## **The Higgins museum – Bedford - Summer Holiday Activities**

### **24th July - 30th August**

Enjoy creative workshops and activities this Summer based on the exhibitions and collections in the galleries.

Aimed at accompanied children aged 5-11, not suitable for children under 3 years old. Free entry for accompanying adults.

*Places are limited for all workshops and can be booked in advance by buying a ticket at The Higgins Bedford reception desk. Spare tickets can be purchased at the desk on the day. We are currently unable to take bookings online or over the phone.*

### **Stories from the Wynding Wixam Tree**

**Every Wednesday 24th July - 28th August**

**Workshops at 11am and 2pm, £5 Per Child**

Use your imagination, get crafty and transform yourself into a magical garden visitor, then gather at the Wynding Wixam Tree for spectacular stories performed by [Theatre of Widdershins](#). Different stories are performed each week, featuring a host of fantastical characters including Granny Dumpling, The King with Stinky Feet, Bears, Pigs and more.

### **Horrible Higgins Histories**

**Every Friday 26th July - 30th August**

**Workshops at 11am, 12:30pm and 2pm, £3 Per Child**

Travel through time with Kevin the Platypus, explore the collections at The Higgins and get creative in horribly historical family workshops.

**Friday 26th July:** *Surprising Stone Age*

**Friday 2nd August:** *Remarkable Romans*

**Friday 9th August:** *Impressive Invaders*

**Friday 16th August:** *Medicinal Medieval*

**Friday 23rd August:** *Vain Victorians*

**Friday 30th August:** *Spectacular Space Age – with [Little Science Labs](#)*

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## **Forest of Marston Vale**

**POND DIPPING & BOG BOOKS** - 23<sup>rd</sup> July, 2019 at 9:45am , 19<sup>th</sup> August, 2019 at 9:45am

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### **GET UP CLOSE WITH THE CREEPY CRAWLIES OF THE BOG POND**

Learn about the hidden underwater world of the Country Park see what different creatures are hiding in the bog pond before creating your own booklet of pond pages! This event combines outdoor exploration with indoor crafts. All equipment will be provided and you don't need to wear waterproofs - you won't really be going underwater!

Suitable for ages 4 - 10.

#### **PRICES**

Sessions last approx. 1hr 15 mins and cost £4.50 per child. Booking and parental supervision essential.

Parking charges also apply. Friends of the Forest get free parking all year round\* at the Forest Centre - **[click here for more information](#)**.

**MINIBEAST SAFARI Start:** 9<sup>th</sup> August, 2019 at 9:45am

**End:** 9<sup>th</sup> August, 2019 at 3:00pm

#### **WE'RE GOING ON A BUG HUNT...**

Join us on a bug hunt in the Country Park - we'll be looking in the long grass, in trees, bushes and under logs to discover what tiny creatures make their homes here, followed by a game of bug bingo.

Long trousers and trainers are recommended to avoid prickled and tickled legs and toes. Make sure you have suncream and a hat just in case!

Suitable for ages 4 - 10.

## PRICES

Sessions last approx. 1hr 15 mins and are at 9.45am, 11.30am and 1.45pm and cost £4.50 per child. Booking and parental supervision essential. Parking charges also apply. Friends of the Forest get free parking all year round\* at the Forest Centre - [click here for more information](#).

**PIXIE DOOR TRAIL Start:** 19<sup>th</sup> 20<sup>th</sup>, 21<sup>st</sup>, 22<sup>nd</sup> & 23<sup>rd</sup> August, 2019 at 10:00am

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## FAIRY FLORA AND PIXIE PIPPIN NEED YOUR HELP...

Help Fairy Flora and Pixie Pippin by joining our Pixie Door Trail around the Wetlands Nature Reserve. Find all of the pixie doors and hidden letters to spell out the magic word to stop Evil Edna casting a spell over the Forest!

### PRICE -

£3 per child (Age 1+) includes trail sheet. Walk up spaces are available - please avoid arriving at peak times (i.e. dead on 10am, 11am, 1pm and 2pm). Parking charges also apply. Friends of the Forest get free parking all year round\* at the Forest Centre - [click here for more information](#).

It's aimed at 3+ year olds, but we don't mind younger or older kids joining in. The 2km trail is surfaced and circular, so you'll probably need a buggy for younger children. Please note - no dogs are allowed on this trail.

## RSPB Sandy

Wild Challenge - children's holiday activities and summer trail

**Saturday 20 July to Sunday 1 September**

10 am - 4.0 pm

Price: Donations welcomed.

Children can explore the trail and discover den building, log clambering, natural obstacle paths and mounds and climb the raised viewing platform, along with collecting nature themed brass rubbings. The heathland wild play trail is situated close to the shop, toilets and car-park and there are benches and sitting areas for parents.

Donation boxes along the trail - donations welcome thank you.

Wild Challenge activity sheets available from the visitor centre to help you discover wildlife and nature.

Entrance and entry for non-RSPB members £6 per vehicle. RSPB members free.

Directions

The Lodge Nature Reserve Potton Road Sandy

This event runs daily from Saturday 20<sup>th</sup> July until Friday 30<sup>th</sup> August 2019

Read more at <https://www.rspb.org.uk/reserves-and-events/events-dates-and-inspiration/events/details.aspx?id=tcm:9-466052#7IUuqWPVICujrd2.99>

Theatre of Widdershins Granny Dumpling - a tale in the Yurt

## **Saturday 20 July**

2:0 - 3:0 pm

Price: Adult and child tickets £6 each.

Booking essential

Dynamic storytelling with quirky props. Suitable for ages 5 -105.

Join us in the yurt in The Lodge gardens, where the amazing Theatre of Widdershins will be here telling the story of Granny Dumpling.

Theatre of Widdershins tell tales from all over the world - folk tales, fairy tales and myths - all told with the gusto of a live theatrical show with each story bursting with energy and waiting to be told.

Show starts 2.0 pm and lasts up to one hour. Yurt opens at 1.30 pm.

No food or drink, except water in the Yurt please.

Disability assistance dogs only at the event.

Tickets available from Eventbrite only; <https://www.eventbrite.co.uk/e/theatre-of-widdershins-granny-dumpling-a-tale-in-the-yurt-tickets-58786922267> Any unsold tickets will be available on the day.

Directions

The Lodge Nature Reserve Potton Road Sandy

Read more at <https://www.rspb.org.uk/reserves-and-events/events-dates-and-inspiration/events/details.aspx?id=tcm:9-467094#z0I6PyLRceYzzd4C.99>

## **Love Bedford Medieval Festival**

Saturday 27 July 2019

**10.00am-6.00pm at Castle Mound and surrounding areas, The Embankment**

Free family entertainment Medieval style! Activities will include: ferret racing, artillery display, sword fighting tournament, kings executioner, a Merrie Noyse, Devilstick Peat Fibbs and more...

## **Kempston Fun Day**

The event is aimed at families and provides suitable entertainment with arena displays as well as trade and charity stalls. There is the opportunity for refreshments and there are children's rides and inflatables.

For stallholder enquiries please ring 07500 907428 or email [bedfordlions@yahoo.co.uk](mailto:bedfordlions@yahoo.co.uk)

The event starts at 12 noon and finishes at 5 pm. Admission is free and car parking is £2 per vehicle.

**Addison Howard Park, Bedford Road, Kempston, Bedford, Bedfordshire MK42 8PN**

**Sat 24 Aug 2019**

## **Wrest Park**

HOW TO FIND US

Property: *Wrest Park*



Address: Silsoe, MK45 4HR

Location: Bedfordshire, East of England

## **SATURDAY ARCHAEOLOGY CLUB**

### **DATE**

Sat 20 Jul 2019

### **TIME**

10.30am - 12pm

### **SUITABLE FOR**

Children

Saturday Archaeology Club, Wrest Park YAC is open to everyone aged 8–16 years. If your child has an interest in archaeology, history, or heritage, Wrest Park is an amazing place to learn more.

Over ninety acres of grounds, glorious historic buildings and gardens, and the treasure trove that is the region's Archaeological Collections Store housing over 153,000 historical artefacts mean that our skilled session leaders have a lot of history at their fingertips. Find out about the past and how we explore and conserve it through hands-on activities, all based here at Wrest Park.

The club meets once a month, excluding some holiday periods, and is an affiliated club of the YAC network run by English Heritage staff and volunteers. Parents are welcome to explore Wrest Park (charges may apply) or enjoy the cafe and visitor centre while they wait.

### **PRICES**

#### **TYPE**

#### **PRICE**

Member (Child)  
Child, 5-17 years

£6  
£4

## **GET HANDS ON WITH HISTORY AT WREST PARK**

### **DATE**

Sat 20 Jul - Sat 24 Aug 2019

### **TIME**

11am - 5pm

### **SUITABLE FOR**

Children

Get set for a jam-packed summer as we bring history to life with fun-filled family events at Wrest Park. Discover the myths and legends of England's past as you tip toe around the gardens on a trail to spot magical fairies. Learn about life upstairs and downstairs in a country house and explore the world of crime and punishment in the Victorian age.

The activities will change on a daily basis so why not come back time and time again to try something new?

### **Sat 20 Jul - Sun 28 Jul 2019 - Myths and Legends**

Join us to uncover these myths and legends of England's past. Tip toe around the gardens to find the smallest, most magical residents! Join our Victorian adventurers as they guide you around Wrest Park.

### **Mon 29 Jul - Sun 4 Aug 2019 - Secrets and Spies**

Attention! Right you 'orrible lot, it's training time. Become a Home Front hero and be put through your paces at Wrest Park.

### **Mon 5 - Sun 11 Aug 2019 - Country Houses**

Come and explore the murky world of crime and punishment in the Victorian age. Hear the scandals of insidious grave robbers, secretive conspirators and the dastardly world of smuggling.

### **Mon 12 - Sun 18 Aug 2019 - Myths and Legends**

Test your circus skills at Wrest Park and enjoy our interactive performances where history comes alive as we explore England's myths and legends.

### **Mon 19 - Sat 24 Aug 2019 - Myths and Legends**

Hear the shocking tales of the daring and dashing Dick Turpin, the renowned highwayman, and his dastardly deeds.

## PRICES

<b>TYPE</b>	<b>PRICE</b>
English Heritage members	Free
Adult	£11.50
Child, 5-17 years	£6.90
Concession	£10.40
Family	£29.90

### PRICE NOTES

Ticket price includes entry to event.

### HOW TO BOOK

Tickets will be available to purchase at the event site on the day.

## Moggerhanger Park

### A SUMMER FULL OF STORIES

Join us this summer for a Summer Full of Stories

#### **TUESDAY 6TH AUGUST**

#### **ROLL UP, ROLL UP FOR A CIRCUS ADVENTURE!**

10.30 - 12.00 / 12.30 - 2.00 / 2.30 - 4.00

It's time to join the Circus!

We are delighted to welcome Circus Sensible (who are really not sensible at all!) back to the Park. You will get to have a go at learning some cool circus skills including juggling, poi, ribbons and more, but first we need to create some fun Circus masks.

£7.50 per child - each session lasts approx 90 minutes. Limited space. Ideal for children aged 5+, younger children are welcome with the parent they bring with them giving a helping hand.

Parents are welcome to enjoy a drink or snack in our cafe whilst their little ones take part.

#### **THURSDAY 8TH AUGUST**

#### **THE STORY STARTS WITH A FOREST OWL ADVENTURE**

10.30 - 12.00 / 12.30 - 2.00 / 2.30 - 4.00

Nature has the greatest stories and we are delighted that Forest Owl Adventures will be back at the Park to take you on an exciting adventure through the woodland. A great way

to introduce young adventurers to the great outdoors with a fun session which will include things such as a minibeast hunt, making clay faces on trees, leaf bunting and den building. The story starts here.....

£10.00 per child - each session lasts approx 90 minutes. Includes a drink. Limited space. Ideal for children aged 5+, younger children are welcome with the parent they bring with them giving a helping hand.

Parents are welcome to enjoy a drink or snack in our cafe whilst their little ones take part.

## Bug Lab 2019 in Ampthill Great Park



### Mini beast hunt with craft activity

Our popular Bug Lab event returns this summer - a chance for you and your children to hunt for mini-beasts with experts on hand and do a fun bug-related craft activity with the Greensand Trust Education team.

• **Ampthill Great Park**  
Thursday 25th July, two sessions:  
12.30pm-1.45pm & 2pm-3.15pm

• **Centenary Wood, Pulloxhill**  
Thursday 1st August 2pm-3.15pm



Supported by the Beds Natural History Society

- Not suitable for under 4s
- All children must be accompanied by an adult
- No dogs please
- Stay as long as you like during the session
- Please wear long sleeves, trousers and suitable footwear
- Outdoor event with little shelter
- While equipment and guides are provided, the sessions involve group work and sharing of materials.

Numbers are limited - please **book online**  
£3 per participating child at  
[www.greensandtrust.org/whats-on](http://www.greensandtrust.org/whats-on)

For more details visit: [www.greensandtrust.org](http://www.greensandtrust.org)  
Tel: 01234 743666 Email: [info@greensandtrust.org](mailto:info@greensandtrust.org)  
The Greensand Trust, The Working Woodlands Centre, Maulden Wood,  
Haynes West End, Bedfordshire, MK45 3UZ  
Follow us: [@greensandtrust](https://www.instagram.com/greensandtrust) [/greensandtrust](https://www.facebook.com/greensandtrust)



Registered Charity no. 1077955

# XPLORER



## Fun, Family Challenge

**EXPLORE THE PARK, FIND THE MARKERS,  
COMPLETE THE CHALLENGE, HAVE FUN TOGETHER.**

### **Ampthill Great Park**

**Wednesday 31<sup>st</sup> July 2019 11am - 1pm**

**FREE family fun for all**

Meeting point for the activity: Outside of the Play Area.

**FOR FURTHER INFORMATION PLEASE VISIT:**

**[WWW.XPLORER.ORG.UK](http://WWW.XPLORER.ORG.UK)**



Central Bedfordshire Council  
[www.centralbedfordshire.gov.uk](http://www.centralbedfordshire.gov.uk)

